Institute of Active Ageing

Seminar on “Nutrition and Food Safety in Aging” & “Assistive Technology for the Older Adults”

Date: 28 April 2010 (Wednesday)
Time: 6:30 pm – 8:30 pm
Venue: HJ302, Stanley Ho Building, The Hong Kong Polytechnic University

Nutrition and Food Safety in Aging
Dr Louisa Chung
School of Nursing, PolyU
R.Nutr., BSc (Food & Nutrition), MBA, DHSc

Dr Chung will give an introduction to the nutrition related health maintenance and food safety issues of the aging process. The nutrition consideration underlying the principles of guidelines and potential dietary therapies, plus the awareness in foodborne illnesses and precautions will be addressed.

Assistive Technology for the Older Adults
Ir Dr Eric Tam
Department of Health Technology and Informatics, PolyU
BEng, MSc, PhD

Dr Tam will discuss the principles and practice in assistive technologies (AT) for the older adults. He will provide an overview of the fundamental framework in AT and different AT. Various devices for telemedicine and therapeutic training, technologies used for monitoring as well as home modifications will be introduced. He will also address the issues related to funding, safety, standards, regulations and equipment maintenance.

Online Registration:
http://iaa.fhss.polyu.edu.hk/foodat.htm

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